

Chuan Spa

Health Club Membership



Chuan Spa at the Langham, Chicago is a haven for contemplation, renewal, relaxation and wellbeing.

Located on the fourth floor of The Langham, the modern fitness and group class studios span 2,260 ft² and are equipped with state-of-the-art strength, endurance and cardio equipment from the Life Fitness Signature and Elevation series. Member facilities include herbal steam rooms, saunas, cooling showers, his and hers locker and changing rooms with vanity areas, complimentary towel service and hair dryers.

Fitness Studio

Get a workout in our state-of-the-art fitness studio with strength, endurance and cardio equipment from the Life Fitness Signature and Elevation Series. Peloton bikes with online streaming classes, a functional training area, and a spacious studio offer everything you need to achieve your goals. Members enjoy complimentary use of robes, slippers, hair dryers, personal care amenities, headphones, fresh fruit, boxed water, and cooling peppermint towels.

Pool

The 67-foot swimming pool is complemented by a heated hydrotherapy hot tub where members can relieve tension with a gentle water massage.

Health Club Membership

Chuan Health Club offers a Chuan Horizon wellbeing membership programme.

Membership Type	Chuan Horizon	
Membership Level	Individual or couple	Corporate
Duration	12 months	12 months
Access to health club and wellness facilities	6:00 am – 8:00 pm	6:00 am – 8:00 pm
Complimentary group fitness classes, subject to availability	Unlimited	Unlimited
Guest passes to health club	6	6
Discount on spa treatments, Monday to Thursday	20%	20%
Discount on spa retail products	15%	15%
Discount on best available room rates at The Langham, Chicago	10%	10%
Discount at The Langham, Chicago's restaurants <i>excluding alcohol</i>	15%	15%
Discounted valet parking, up to four hours	\$27	\$27
Private locker, monthly locker fee applies	\$75	\$75
Membership freeze option	Yes	Yes

Chuan Spa & Health Club Policy

Chuan Spa treatments and spa locker rooms are available to guests 18 years of age or older. For more information contact our Spa Concierge at 312-923-7650. Our Health Club facility is complimentary to all hotel guests 18 years of age or older. A parent or guardian must always accompany minors under the age of 16 when visiting the fitness center or pool. Family changing facilities are available to families with minor guests.

